

# LARC: LONG-ACTING REVERSIBLE CONTRACEPTION CLINIC

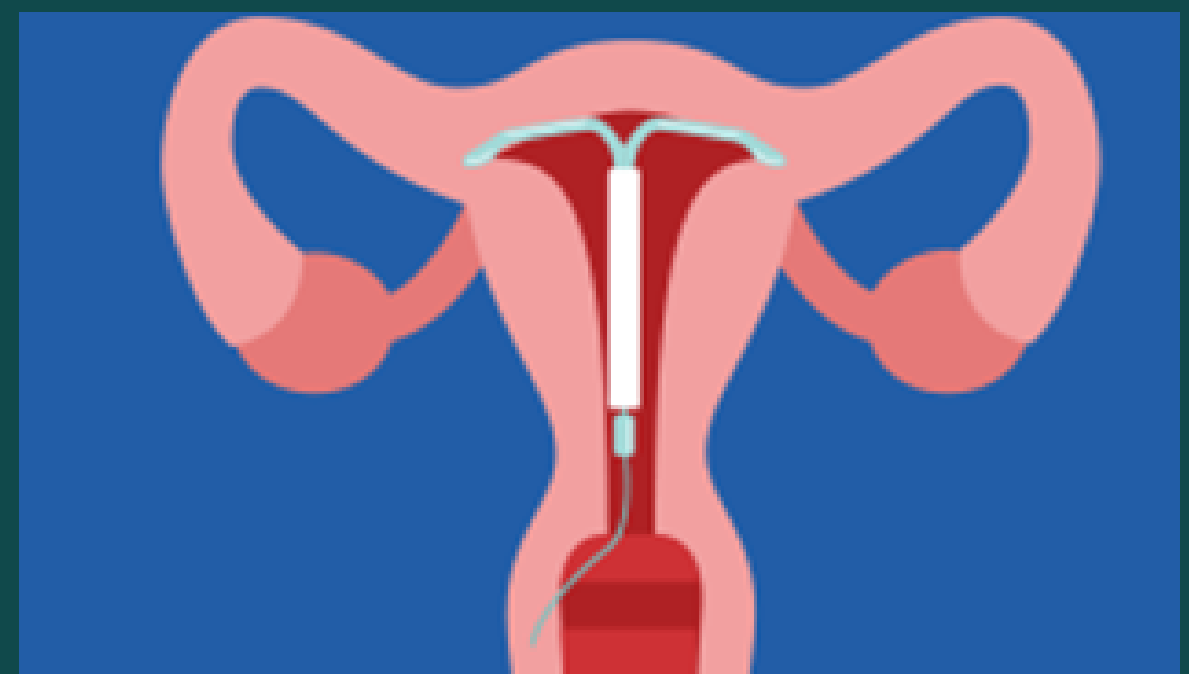
**" More Effective, More Convenient"**

## **DO YOU NEED YOUR CONTRACEPTIVE COIL OR IMPLANT FITTER OR REMOVED?**

**LARC clinics are now available for Walthamstow Central Primary Care  
Network patients ages 18+. Please contact your surgery to get booked in!**

### **COILS:**

- **T-shaped plastic device inserted into the womb.**
- **Lasts 3–10 years depending on device type.**
- **Natural fertility will return after being removed.**



### **IMPLANTS:**

- **A small flexible rod that's placed under the skin**
- **Lasts 3 years.**
- **Natural fertility will return after being removed.**



**Scan the QR code for the self-referral form or speak to your practice for  
more information!**



**Walthamstow Central  
Primary Care Network**