

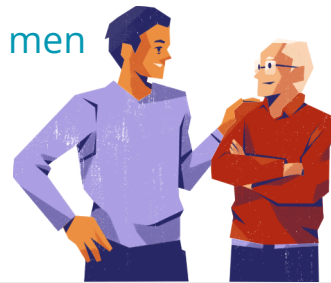
Men's Health, Wellbeing and Employment Support

June is Men's Health month. You're invited to join us and find out what we can offer and what support you can get. Everyone welcome!

During the session you can:

- find out more about health and wellbeing support
- join physical activity taster sessions
- discussions and support, specifically for men
- get employment support and lots more!

Light refreshments will be available.
We can't wait to see you.



Thursday 12 June 2025
2.30PM to 6.30PM

Leyton Sports Ground
485 High Road
Leyton
E10 6PY

Overground: Leyton Midland Road
(6 min walk)
Bus: 69, 97, W16

Want to know more?

Contact the Social Prescribing Team at
Social.Prescribing@walthamforest.gov.uk

walthamforest.gov.uk

